

## Sat Chit Anand

---

**From:** "Sat Chit Anand" <satchitanand@global.co.za>  
**Sent:** 05 November 2011 11:11 PM  
**Subject:** Newsletter: 06 November 2011



## Honor the Cosmic Moment



### VISION PRAYER

I have a vision where all people are at peace, fed and housed, and live in harmony, every child is loved and educated to develop their talents, where the heart is more important than the head, and wisdom is revered over riches.

In this world, justice, equality and fairness rule. Nature is honored so the waters flow pure and clear, and the air is fresh and clean. Plants and trees are nurtured, and all animals are respected and treated with kindness.

Happiness and laughter prevail,  
and humans walk hand in hand with angels.

Thank you for the love, understanding, wisdom,  
courage and humility to do my part to spread the light.  
May all the world ascend. So be it.  
[Lord Melchizedek]

As a world, we are about to experience two important cosmic moments. The first cosmic moment is at 11h11 on 11/11/2011. We are asked to celebrate our success and envision how wonderful it will be on the second cosmic moment at 11h11 on 21/12/2012. During each of these moments there will be silence throughout the universe. At these times, the portals of heaven will open to pour unimaginable high frequency light onto us so that the possibilities are awesome and limitless. 11 is a master number and indicates the beginning of a new phase at a much higher level of consciousness. These cosmic moments were set

up as an energy in the collective consciousness eons ago (even before Atlantis). They are an ancient contract, a sacred promise, and their time of fulfilment is coming to aid our personal and planetary evolution and ascension.

11/11/11 relates to the awakening of the Christ or Divine Consciousness (as in the 'hundredth monkey' kind of moment for all humanity) in which the gateway opens for souls to evolve / ascend / enlighten their materialistic and 3D dense physical mindedness realities, with a massive influx of Divine Energy and Radiant Light, which activates those who are willing and aware. It is an opportunity of raising our consciousness through focused service, philanthropic acts of loving kindness, prayer, meditation, and healing awareness, to who we truly are, beyond the mind or small self, on a level previously not available to mass consciousness on our planet.

It is an opportunity to expand into more of our inner cosmic blueprint, our DNA crystalline light body. DNA is a code system which is constituted by prisms of light. It has the ability to radiate light, like little mirrors which can all reflect as prisms and radiate light from within when activated. Most people aren't 'en-light-ened' enough for their light frequency to radiate, and so this ability lies dormant. During this cosmic moment (during which science can observe the influx of changes and transformation), the light capable of pouring into and out of humans (literally lighting up our cells and DNA) will accelerate dramatically.

Like the vision of Jacob's ladder, a portal / ladder to the stars / heavens will open, in which we can tangibly meditate on reaching beyond this mere physical plane to connect with our Divine essence and the energy of Source. Jacob had a dream about a stairway resting on the earth, with its top reaching to heaven, and angels were ascending and descending on it. From the top of the ladder he heard the voice of God, who showered blessings on him. Jacob awoke from his sleep and said: 'Surely the Lord is in this place, and I did not know it! How awesome is this place! This is none other than the house of God, and this is the gate of heaven.' [Genesis 28:12-17]

The gates of heaven will be opening on 11/11/11. There are many gatherings happening around the world to honor this cosmic moment, and to vision a beautiful future on our beautiful planet Earth. "Prayers become stronger when more people pray and hold a vision together. Gratitude prayers are 5th dimensional prayers in which you give thanks with the faith that what you ask for is already granted. Faith and gratitude are powerful energies that activate a response from Heaven. In the 5th dimension you are living in a clear stream of Divine consciousness, so you only ask for things that are for the highest good. A collective prayer, like the Vision Prayer (above) for 2012 and beyond, creates great light when said by many people and sends a constant stream of pure intention to the Godhead." [Diane Cooper: 2012 and Beyond, the Cosmic Moments]

NB: Diarise to stop, be silent, pray and connect at 11h11 on 11/11/11. Join a gathering or connect energetically with others, as collective energy is more powerful than individual energy. We will be creating a focused sacred portal to connect with and receive the Divine en-light-ened energies that will be pouring onto the planet at 11h11 on 11/11. Prayers will be offered for world peace, and we will envision the New Earth being birthed and coming into being with confidence and gratitude. Please bring special prayers and aspirations that you would like to offer and include. This will be followed by 11 minutes of chanting the sacred sound OM to prepare ourselves for 1 minutes silence at 11h11, the first great cosmic moment. Silence will continue for a further 11 minutes as we open ourselves to receive and radiate this Divine energy into the world.

OM SHANTI, MAY PEACE, LOVE & LIGHT BE WITH YOU NOW & ALWAYS, LEELA  
[Thanks to Anne and Rain for their input for this newsletter]

## Friday 11/11/11: Vision Prayers and Meditation

arrive from 10h30 and commencing at 10h45 to prepare for 11h11

## Spiritual Retreats anytime

<http://www.satchitanand.co.za/programme.htm>

**INTERFAITH SPIRITUAL RETREAT CENTRE | RETREATS & HOLIDAYS | MEDITATION | YOGA  
| WELLNESS | BODYWORK TREATMENTS AND HEALING THERAPIES | STRESS REDUCTION**

---

Please forward this email to friends who might be interested.  
Please notify us if you wish to be added or removed from our mailing list.